

Quality Health Plans
Step Therapy List
Plan Year 2010

DRUG NAME	STEP THERAPY REQUIREMENTS
AMBIEN CR	Claims for Ambien CR, Rozerem, Zaleplon and Lunesta will require claims history to include generic Zolpidem in the last 6 months
CELEBREX	Claims for Celebrex will require claims history to include a glucocorticoid, oral anticoagulant, platelet aggregation inhibitor, heparin preparation, or at least 2 prescription strength nonsteroidal antiinflammatory drugs , one of which must be Meloxicam
CLARINEX; CLARINEX-D	Claims for Clarinex, Clarinex-D, Semprex-D will require claims history to include Fexofenadine in the last 6 months
EPLERENONE	Claims for Eplerenone will require claims history to include spironolactone in the last 12 months
EXELON CAPSULE	Claims for Exelon (capsule, solution and patch) will require claims history to include Galantamine or Galantamine ER in the last 12 months
LUNESTA	Claims for Ambien CR, Rozerem, Zaleplon and Lunesta will require claims history to include generic Zolpidem in the last 6 months
NEXIUM	Claims for Nexium (capsule and oral suspension) will require claims history to include Omeprazole and Prevacid (Lansoprazole) in the last 12 months
PANTOPRAZOLE SODIUM TABLET	Claims for Pantoprazole will require claims history to include Omeprazole in the last 12 months
ROZEREM	Claims for Ambien CR, Rozerem, Zaleplon and Lunesta will require claims history to include generic Zolpidem in the last 6 months
SANCTURA; SANCTURA XR	Claims for Sanctura, Sanctura XR and Vesicare will require claims history to include Oxybutynin, Oxybutynin SR or Flavoxate in last 6 months
SEMPREX-D	Claims for Clarinex, Clarinex-D, Semprex-D will require claims history to include Fexofenadine in the last 6 months
SPIRIVA HANDIHALER	Claims for Spiriva will require claims history to include Atrovent in the last 12 months
VESICARE	Claims for Sanctura, Sanctura XR and Vesicare will require claims history to include Oxybutynin, Oxybutynin SR or Flavoxate in last 6 months
VYTORIN	Claims for Vytorin will require claims history to include Simvastatin at daily doses of 40mg or higher in the last 12 months
ZALEPLON	Claims for Ambien CR, Rozerem, Zaleplon and Lunesta will require claims history to include generic Zolpidem in the last 6 months
ZETIA	Claims for Zetia will require claims history to include Simvastatin in the last 12 months